



ECHO Hawai`i is pleased to introduce the Endocrinology ECHO Series Fridays, 12–1:30

Faculty: Kelsey Shikuma Lee, MD; Elizabeth Ackerman, PharmD;
Monica Esquivel, PhD, RDN; Dan Saltman, MD

Date	Topic (subject to change)
Feb 19	How to use the "gliptins". What are the risks?
Feb 26	What is best progression of pill-only treatment for DM2 after metformin?
Mar 4	Early insulin? Start right after metformin?
Mar 11	Hypertriglyceridemia alone: risks, treatment indicated?
Mar 18	Testosterone: best tests, timing, dosing, monitoring.
Mar 25	KUHIO DAY (no meeting)
Apr 1	Osteoporosis: monitoring and treatment adjustments after initiating bisphosphonates; is there anything else to do?
Apr 8	Hormone replacement in transgendered: goals, monitoring, drug choice.
Apr 15	Thyroid exam: how to determine how many "grams" is the thyroid?
Apr 22	Thyroid: best next step after finding nodule(s) on exam? Why not just biopsy next?
Apr 29	Hypothyroid replacement therapy: "natural" thyroid, T3, T4?
May 6	Vitamin D: what's the deal? Treat everyone who measures low?
May 13	New diabetes medicines, new insulins.

If you would like to participate, contact robin@echohawaii.org

Sponsored by the Hawai`i State Rural Health Association, Hawai`i Department of Health, Hawai`i AHEC, Pacific Basin Telehealth Resource Center

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